

My name is Dr. Abigail Ling, and I am an FY2 doctor based in Harlow. I attended these study days to gain insight into molecular pathology and cut-up techniques. These events undoubtedly achieved that and have given me a significant head start compared to my peers.

The molecular pathology study day, in particular, offered an excellent opportunity to understand how these techniques are transforming various pathology specialties. A recurring theme throughout the day was the critical importance of tissue quality and preservation. I now better appreciate how these factors can significantly influence the downstream processing and accuracy of sample analysis. While the content was quite advanced, it has inspired me to further explore these concepts in my own time and deepen my understanding.

The cut-up study day was equally valuable and packed with practical tips on performing cut-ups. Having never done cut-ups before, I found this session incredibly beneficial. I am now confident that if I secure a place in histopathology training this year, I will be able to apply the knowledge and skills I gained to my practice.

Overall, both study days were extremely well-organized, held at a comfortable and beautiful venue with easy access via train, which made the experience even more enjoyable. The food provided was amazing and delicious, and my attendance was made possible by a generous bursary, for which I am very grateful. I would highly recommend these events to all aspiring histopathologists and trainees.